



MENU

SERVED 12 – 9PM

STARTERS

SOUP OF THE DAY , served with house bread	£4.50
SCOTTISH SMOKED SALMON BENEDICT , Poached farmhouse egg, smoked salmon and hollandaise sauce on a toasted muffin	£6.50
GARLIC MUSHROOMS , salad, served on toasted homemade bread	£5.95
SOLWAY SHRIMPS served on a toasted muffin	£6.95
STEAMED MUSSELS , with garlic shallots, white wine, cream and house bread	£6.50
THE GOLF HOTEL PATE , melba toast and Cumberland sauce	£5.95
HOMEMADE GARLIC BREAD / MOZZARELLA TOPPED rocket salad and balsamic reduction	£3.95 / £4.25
PRAWN COCKTAIL	£6.50
HOMEMADE NACHOS , with melted cheese, spicy salsa, sour cream and guacamole	(Reg / Large) £4.95 / £8.95
BBQ CHICKEN WINGS , Crispy Buffalo wings in a homemade BBQ sauce	(Reg / Large) £5.50 / £9.50

LUNCH LITE BITES

SERVED 12 – 5.30PM
MONDAY - SATURDAY

OVEN BAKED POTATOES served with garden leaves and house slaw	£5.95 (add £0.50 for salmon or prawn)
GOLF HOTEL BAGUETTE served with garden leaves, house slaw and homemade fries	£7.95 (add £0.50 for salmon or prawn)
BAKED POTATO AND BAGUETTE FILLINGS Hot Roast Beef, gravy and sautéed onions Tuna savoury Smoked Salmon and cream cheese with chives Hot Cumberland sausage, gravy and sautéed onions	Cumbrian ham Cheese savoury Prawns in a Marie rose sauce
SANDWICHES – Wholemeal or White Bread Roast Beef and Horseradish Roast Turkey and Cranberry Tuna Savoury	Honey Roast Ham and Pickle Cheese Savoury Tuna Mayo
SOUP AND SANDWICH COMBO Soup of the day served with a Sandwich with your choice of filling in white or wholemeal bread	£7.95

MAIN COURSES

MARINATED SIZZLE , with wraps, salsa, sautéed peppers, onions, celery, chilli, garlic and served sizzling at your table. Choice of Chicken, Beef or Vegetarian	£11.75
MUSHROOM CARBONARA , salad and toasted homemade garlic bread	£9.95
BREADED WHOLETAIL SCAMPI , with homemade chips, mushy peas & tartare sauce	£11.25
CREAMY KORMA CHICKEN CURRY , served with rice, homemade chips & garlic naan bread	£11.25
HUNTERS CHICKEN , chicken in a barbeque sauce topped with cheese & bacon, served with spiced wedges & dip	£11.95
GOLF FISH & CHIPS , beer battered, served with homemade chips, mushy peas & tartare sauce	£11.25
HOMEMADE BEEF LASAGNE , served with homemade garlic bread & dressed garden leaves	£10.50
GRILLED SALMON , new potatoes, seasonal vegetables with a dill & lemon sauce	£11.95
SEA BASS , grilled sea bass on a bed of stir fried vegetables with a lemon sauce	£14.95
SWEET & SOUR CHICKEN , battered fillet of chicken strips served on a bed of egg fried rice, with homemade chips and Chefs' Sweet & sour sauce	£11.75
SOUTHERN FRIED CHICKEN , homemade barbecue sauce & fries	£11.25
SLOW COOKED PORK BELLY , apple mash, seasonal vegetables & a creamy cider sauce	£13.95
LAMB HENRY , minted mash, seasonal vegetables and a garlic, rosemary & redcurrant jus	£13.95
SUPREME OF CHICKEN , baby onions, mushrooms, red wine sauce & lyonnaise potatoes	£11.45
CONFIT OF DUCK , served on a bed of bubble & squeak with Seville orange sauce	£14.95
BEEF STROGANOFF , served with steamed rice & seasonal vegetables	£15.95
SEAFOOD PAELLA , rice with Chicken, White fish, Chorizo, Mussels, Langoustines, Squid, Prawns and vegetables	£13.50

GOLF HOTEL SALADS

Cumbrian Ham / Roast Beef / Roast Turkey	£10.50
Atlantic Prawns / Scottish Smoked Salmon / Scampi	£11.50

All of the above are served with dressed garden leaves, confetti of mixed salad, salad vegetables & a boiled farmhouse egg.

Warm chicken Caesar salad, garlic croutons	£10.95
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THE GOLF HOTEL BURGER & GRILL BAR

Try our 8oz burger, served in a brioche bun with French fries, dressed house salad, tomato relish and house onion rings

Chicken burger or handmade beef burger £10.50
Southern Fried Chicken Burger £11.50

ADDITIONAL TOPPINGS **£0.50 each**

Bacon	Blue Cheese	Swiss Cheese
Cheddar Cheese	Sautéed Onions	Sautéed Mushrooms

HORSESHOE GAMMON 12oz, fresh pineapple and fried farmhouse egg * £13.95

CUMBERLAND SAUSAGE SWIRL 8oz, fried egg* £10.95

RUMP STEAK 8oz* £15.95

SIRLOIN STEAK 8oz* £17.95

SURF & TURF, 8oz sirloin steak, breaded scampi * £19.50

FARMHOUSE MIXED GRILL, 6oz horseshoe gammon, 3oz pork escalope, Cumberland sausage, pork spare rib, black pudding, fried egg and pineapple* £17.50

* The above are all served with grilled tomato, buttered mushrooms, beer battered onion rings and homemade chips

SIDES £2.50 each

Homemade chips	French fries
Garden fresh vegetables	House salad bowl
Beer battered onion rings	House slaw

HOMEMADE GARLIC BREAD £3.95
with mozzarella £4.50

SAUCES £2.50 each

Garlic and herb butter	Brandy and peppercorn sauce
Rich pan gravy	Mushroom and white wine
Barbeque	

PLEASE MAKE A MEMBER OF OUR TEAM AWARE OF ANY DIETARY REQUIREMENTS OR SPECIAL REQUESTS WHEN PLACING YOUR ORDER.

TO FINISH

HOMEMADE STICKY TOFFEE PUDDING, with butterscotch sauce & ice cream £5.95

HOMEMADE CHEESECAKE, with raspberry coulis & fresh cream £5.95

RICH CHOCOLATE FUDGE PUDDING, with fudge sauce and ice cream £5.95

RASPBERRY PAVLOVA, meringue nest, filled with raspberries & cream, topped with ice cream £5.95

CREME BRULEE, served with raspberries & ice cream £5.95

TRIO OF ICE CREAM £4.95

GOLF SUNDAES £5.95

STICKY TOFFEE SUNDAE, with ice cream, sticky toffee pudding, whipped cream & drizzled with butterscotch

ETON MESS SUNDAE, crushed meringue, raspberries, whipped cream, raspberry coulis & ice cream

CHOCOLATE SPONGE SUNDAE, layered with warm chocolate sponge cake, marshmallows, crushed meringue, whipped cream and ice cream

THE GOLF CHEESE PLATE

A selection of 3 cheeses, served with biscuits, celery, fruit & red onion marmalade £6.95

Why not add a glass of port? £2.50

SPECIAL LIQUEUR COFFEE £5.95

ROYAL with Courvoisier Cognac

HIGHLAND with Drambuie

GAELIC with Grouse Whisky

IRISH with Jameson Irish Whisky

CARRIBEAN with Black Heart Dark Rum

BAILEYS IRISH with Baileys Irish Cream

RUSSIAN with Smirnoff Red Label

CALYPSO with Tia Maria

