



## MENU

served 12 – 9pm

### STARTERS

<b>SOUP OF THE DAY</b> served with homemade bread <i>see specials</i>	<b>£4.50</b>
<b>EGGS BENEDICT</b> poached free range egg, Scottish smoked salmon, hollandaise sauce on a toasted muffin	<b>£6.50</b>
<b>GARLIC MUSHROOMS</b> on toasted homemade bread, salad garnish	<b>£5.95</b>
<b>SOLWAY SHRIMPS</b> on a toasted muffin, salad garnish	<b>£6.50</b>
<b>STEAMED MUSSELS</b> with garlic shallots, white wine, cream and homemade bread	<b>£5.95 / £8.95</b>
<b>THE GOLF HOTEL PATE</b> melba toast, red onion marmalade, salad garnish	<b>£5.95</b>
<b>GARLIC BREAD</b> plain	<b>£3.95</b>
<b>GARLIC BREAD</b> mozzarella topping	<b>£4.25</b>
<b>PRAWN COCKTAIL</b> buttered wholemeal bread	<b>£6.50</b>
<b>HOMEMADE NACHOS</b> melted cheese, spicy salsa, sour cream and guacamole dips	<b>£4.95 / £8.95</b>

### LIGHT BITE LUNCHES – served Mon – Sat 12 – 5:30pm excluding bank holidays

#### CHOOSE FROM THE FOLLOWING:

**Sandwich £5.95**

**Golf hotel baguette £7.95**

**Oven baked potato £5.95**

#### **Sandwich fillings**

Roast Beef and Horseradish  
Cumbrian Ham and Pickle  
Roast Turkey and Cranberry  
Cheese Savoury  
Tuna Mayo  
Smoked Salmon, cream cheese **£6.45**  
Prawn Marie Rose **£6.45**

#### **Baguette & baked potato fillings**

Hot Roast Beef, gravy and sautéed onions  
Cumbrian Ham  
Hot Cumberland sausage, sautéed onions, gravy  
Cheese savoury  
Tuna mayo  
Smoked Salmon, cream cheese **£6.45/£8.45**  
Prawn Marie rose **£6.45/£8.45**

Why not try... **Soup & Sandwich Combo £8.50 / £8.95**

Soup of the day served a sandwich of your choice on white or wholemeal bread

*All sandwiches available on white or wholemeal bread served with salad garnish. All baguettes served with salad garnish & chips. Baked potatoes served with side salad. Prawn & salmon fillings incur an additional charge.*

## MAIN COURSES

<b>MARINATED SIZZLE</b> - <b>The board:</b> <i>wraps, salsa, soured cream, mozzarella, salad garnish</i> <b>The sizzle:</b> <i>sautéed peppers, onions, celery, chilli, garlic</i> <b>Choose from:</b> <i>Vegetarian</i> <b>£11.75</b> <i>Chicken or Beef</i> <b>£12.95</b>	
<b>MUSHROOM CARBONARA</b> <i>homemade garlic bread, side salad</i>	<b>£10.25</b>
<b>BREADED WHOLETAIL SCAMPI</b> <i>homemade chips, mushy peas and tartare sauce</i>	<b>£11.25</b>
<b>CREAMY CHICKEN KORMA</b> <i>served with rice and garlic naan bread</i>	<b>£11.25</b>
<b>HUNTERS BARBEQUE CHICKEN</b> <i>cheese and bacon, spiced wedges, salad garnish, dips</i>	<b>£11.95</b>
<b>BEER BATTERED FISH &amp; CHIPS</b> <i>homemade chips, mushy peas and tartare sauce</i>	<b>£11.25</b>
<b>CHEFS BEEF LASAGNE</b> <i>homemade garlic bread and dressed garden leaves</i>	<b>£10.95</b>
<b>GRILLED SALMON</b> <i>new potatoes, seasonal vegetables with a dill and lemon sauce</i>	<b>£11.95</b>
<b>GRILLED FILLET OF SEA BASS</b> <i>sautéed potatoes, stir fried vegetables with a lemon sauce</i>	<b>£14.95</b>
<b>BATTERED SWEET &amp; SOUR CHICKEN</b> <i>egg fried rice, homemade chips</i> <i>chefs own sweet and sour sauce</i>	<b>£11.75</b>
<b>SOUTHERN FRIED CHICKEN</b> <i>homemade barbecue sauce, salad garnish and fries</i>	<b>£11.25</b>
<b>SLOW COOKED PORK BELLY</b> <i>apple mash, seasonal vegetables and a creamy cider sauce</i>	<b>£13.95</b>
<b>LAMB HENRY</b> <i>minted mash, seasonal vegetables and a garlic, rosemary and</i> <i>redcurrant jus</i>	<b>£13.95</b>
<b>SUPREME OF CHICKEN</b> <i>lyonnaise potatoes, baby onions, mushrooms, red wine sauce</i>	<b>£11.45</b>

## GOLF HOTEL SALADS

*All salads, except Caesar, served with dressed leaves, cucumber, tomato, red onion, mixed peppers and a free range boiled egg*

Cumbrian Ham / Roast Beef / Roast Turkey	<b>£10.50</b>
Atlantic Prawns / Scottish Smoked Salmon / Scampi	<b>£11.50</b>
Warm Chicken Caesar salad, garlic croutons	<b>£10.95</b>

**DIETARY REQUIREMENTS? LET US KNOW, WE ARE MORE THAN HAPPY TO HELP. SPEAK TO ONE OF OUR TEAM WHEN ORDERING**

## **GOLF HOTEL GRILL MENU**

*All grill dishes are served with grilled tomato, buttered mushrooms, onion rings and homemade chips*

**12oz HORSESHOE GAMMON** *fresh pineapple and fried free range egg* **£13.95**

**8oz CUMBERLAND SAUSAGE SWIRL** *fried egg* **£10.95**

**8oz SIRLOIN STEAK** **£17.95**

**SURF & TURF** *8oz sirloin steak, breaded scampi* **£19.50**

**FARMHOUSE MIXED GRILL** *6oz horseshoe gammon, 3oz pork escalope, Cumberland sausage, pork spare rib, black pudding, fried egg and pineapple* **£17.50**

## **SAUCES**

*Why not add a sauce to accompany your steak?*

Brandy and peppercorn      Rich pan gravy      Mushroom and white wine      **all £2.50**

## **GOLF HOTEL BURGERS**

*Why not try our burgers... all served in a toasted brioche bun with french fries*

8oz handmade beef burger **£10.50**

Chicken breast burger **£10.50**

Southern fried chicken burger **£11.50**

## **TOPPINGS**

*Add to your burger...*

Bacon      Blue Cheese      Swiss Cheese  
Cheddar Cheese      Sautéed Onions      Sautéed Mushrooms      **all 50p**

## **SIDES**

*A little extra...*

Homemade chips **£2.50**

French fries **£3.00**

Garden fresh vegetables **£1.95**

House salad **£1.95**

Onion rings **£1.95**

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## DESSERTS

£5.95

**HOMEMADE STICKY TOFFEE PUDDING** *butterscotch sauce and vanilla ice cream*

**HOMEMADE CHEESECAKE** *raspberry coulis and whipped cream*

**RICH CHOCOLATE FUDGE PUDDING** *chocolate sauce and vanilla ice cream*

**RASPBERRY PAVLOVA** *meringue nest, filled with raspberries and cream, topped with ice cream*

**CREME BRULEE** *raspberries and ice cream*

**TRIO OF ICE CREAM** *vanilla, chocolate and strawberry* **£4.95**

**GOLF CHEESE BOARD** *3 cheeses, assorted biscuits, celery, grapes and red onion marmalade* **£6.95**

## GOLF SUNDAES

*all sundaes £5.95*

**STICKY TOFFEE SUNDAE** *ice cream, warm sticky toffee pudding, whipped cream and drizzled with butterscotch sauce*

**ETON MESS SUNDAE** *crushed meringue, raspberries, whipped cream, raspberry coulis and ice cream*

**CHOCOLATE SPONGE SUNDAE** *layered warm chocolate sponge cake, marshmallows, crushed meringue, whipped cream and ice cream*

## LIQUEUR COFFEE

*All coffees £5.95*

**ROYAL** *Courvoisier Cognac*  
**HIGHLAND** *Drambuie*  
**GAELIC** *Grouse Whisky*  
**IRISH** *Jameson Irish Whisky*

**CARRIBEAN** *Captain Morgan's Dark Rum*  
**BAILEYS IRISH** *Baileys Irish Cream*  
**RUSSIAN** *Smirnoff Red Label*  
**CALYPSO** *Tia Maria*